Health and Social Care

Progression to Further Study in Health Science Professions

Campus: Rotherham College
Code: R08AC04
Level: 2

About This Course

This will provide you with knowledge and understanding of some key aspects of health and social care and also equip you with a range of study skills to support progression to higher levels. Upon successful completion of the course and achievement of Maths and English GCSE or equivalent you will be able to progress to Access HE Level 3 study.

What Will I Study?

You will study a range of topics including:

- Developing personal confidence and self-awareness
- Health Promotion in care settings
- Healthy Living
- Understanding ageing and the older person
- Developing a personal exercise programme
- Stress and stress management
- Family relationships
- Research skill
- Presentation software and Data Handling
- Understanding Mental Health
- Human Health and Disease

Why Study Here?

- Learn from industry-experienced and well-qualified tutors who have spent many years in the HSC sector, and have specialist qualifications and knowledge to bring to their teaching and support your progression

- Participate in activities to boost your skills and confidence
- Hear from a range of guest speakers when available
- Build your skills, knowledge and behaviours to progress to higher levels of study
- There is also the opportunity to study for English and Maths qualifications if you do not already hold them at the required level.

Entry Requirements

Screening for English and Maths at Level 2 or GCSE

How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing info@rotherham.ac.uk or by calling **01709 362111**.

What Courses Can I Progress Onto?

Diploma in Access HE Level

Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if
you qualify for help with your fees [https://www.rotherham.ac.uk/course-fees/] .

If you need further advice or guidance please contact the Enquiries Team on **01709 362111.**

Additional Information

You will be required to study English and Maths.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2027 – 28. However, we do reserve the right to make changes if necessary.

Last updated: 16th November 2026