

Skills for Life and Work

Employability Skills

Campus: Rotherham College

Code: R28AC51

Are you looking to build your confidence, recognise your skills and improve your chances of finding work? This friendly and supportive six-week course will help you discover your strengths, develop useful skills and feel more confident about taking your next steps towards employment.

Whether you're looking for your first job, returning to work after a break or thinking about a change of career, this course can help you prepare for the world of work.

You will take part in practical activities and group discussions in a relaxed environment where you can learn at your own pace.

About This Course

This course is suitable for anyone who wants to:

- Build their confidence and self-esteem.
- Discover skills they may not realise they have.
- Improve their chances of finding work.
- Learn how to complete job applications.
- Feel more confident about attending interviews.
- Develop their money management and budgeting skills.

Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with your fees [<https://www.rotherham.ac.uk/course-fees/>] .

If you need further advice or guidance please contact the Enquiries Team on **01709 362111**.

Additional Information

This course will be available at various venues across the borough.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2026-27. However, we do reserve the right to make changes if necessary.

Last updated: 27th October 2026