Skills for Life and Work

Interview Techniques

Campus: Rotherham College
Code: R28AC01
Type: Part Time

The aim of this two-day interview workshop is to support (unemployed) adults in developing the practical skills, knowledge, and self-confidence required to participate successfully in recruitment and selection processes.

The programme also aims to increase participants' ability to respond to a range of interview questions using structured techniques, such as the STAR method, enabling them to provide clear and relevant examples of their abilities.

About This Course

What will I learn;

- Increase participants' confidence and reduce anxiety associated with job interviews.
- Develop an understanding of current recruitment and interview practices.
- Enable participants to recognise and articulate their skills, strengths, and relevant experiences.
- Improve participants' ability to answer common and competency-based interview questions effectively.
- Provide opportunities to practise interview techniques in a supportive environment.

Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with your fees [https://www.rotherham.ac.uk/course-fees/] .

If you need further advice or guidance please contact the Enquiries Team on **01709 362111.**

Additional Information

This course will be available at various venues across the borough.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2026-27. However, we do reserve the right to make changes if necessary.

Last updated: 23rd November 2026