

CPCAB Certificate in Counselling Skills

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Campus: Dearne Valley College

Code: DACHS001

Level: 2

About This Course

This qualification is intended to give applicants the underpinning knowledge, skills and behaviours to use counselling and helping skills ethically and safely. It is for applicants who:

- Want to start the first level of training as a therapeutic counsellor.
- Want to learn counselling skills in other professional or helping roles.
- Want to improve their personal and professional relationships, as part of personal and professional development.
- This course is underpinned by the CPCAB Model of Practitioner Development and adopts a person-centred approach to counselling in line with the CPCAB Model of Helping Work and Counselling Practice.

What Will I Study?

- Using counselling skills ethically and safely.
- Establishing and sustaining the boundaries of the helping role.
- Working empathically as a helper.
- Focusing on the helpee's needs and concerns.
- Using self-awareness in helping work.
- Using a range of counselling skills to facilitate the helping interaction.
- Using feedback and reflection to enhance counselling skills.

Why Study Here?

- The course is delivered by subject specialists who are qualified counsellors, clinical supervisors, and members to the British Association for Counselling and Psychotherapy (BACP) or National Counselling Society (NCS).
- To help you with your studies, you will have access to Google Workspace for Education, a Digital Library, Library (Mon-Fri, 08:30-16:30) and access to Free College Wi-Fi whilst on-campus.
- We encourage all students to apply for financial support, as you may be eligible for a contribution towards travel, equipment, and childcare. For further information, please visit our Financial Help page [<https://www.dearne-coll.ac.uk/support/financial-help/>] .
- If you would like Additional Learning Support whilst at college, we have a dedicated and specialist support team who can work with you to create a bespoke ALS Plan. We support students who may have learning difficulties, learning disabilities, as well as medical and/or health conditions. For further information, please visit our Additional Learning Support page [<https://www.dearne-coll.ac.uk/support/additional-learning-support/>] .
- We have a dedicated Student Support Team at college, who offer to help and support students who may experience difficult or challenging times. We offer Mentoring, Counselling, Safeguarding and Chaplaincy. For further information, please visit our Health and Wellbeing page [<https://www.dearne-coll.ac.uk/support/health-and-wellbeing/>] .

Entry Requirements

- Aged 19 and over.
- Ability to Work at Level 2, e.g. GCSE English and Maths at Grade C (4) and above, or recognised equivalents.
- Ability to cope with emotional demands of the course.

How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing learn@dearne-coll.ac.uk [<mailto:learn@dearne-coll.ac.uk>] or by calling **01709 513355**.

Tuition Fees

- - If you're in receipt of a qualifying benefit, you may be eligible for fee-remission. Alternatively, you can self-fund. If you need further advice or guidance, please contact the Enquiries Team on 01709 513355.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2022-23 or 2023-24. However, we do reserve the right to make changes if necessary.

Last updated: 20th March 2024