







# MOTUM EUROPEAN PROJECTS S.L. is a company belonging to FMTS Group, leader in the European Project Management sector.

For the last few years, we have been focusing our activities on the Erasmus+ Programme and its opportunities to promote the Mobility of Individuals. We have implemented a complex system that allows us to plan and manage all the activities related to transnational mobility projects, and to monitor, promote, evaluate and follow-up the learning process abroad, ensuring that each initiative reaches a high impact at local, European and international level. Furthermore, FMTS Group supports the European Commission in the implementation of Pilot initiatives related to Mobility of Apprentices and to the creation of a

VET Mobility Scheme for Africa. Erasmus+ is the EU's Programme that supports Education, Training, Youth and Sport in Europe for a 7-year period (2021-2027). The aim of Erasmus+ is to contribute to the European policies for growth, jobs, social equity and inclusion, as well as to integrate EU's strategic framework for Education and Training. Under the Erasmus+ Programme, the core of our activities is the development of Erasmus accreditation in the fields of vocational education and training, and school education; Strategic Partnership for School Exchanges.







Here at MOTUM, we specialize in connecting educational, not for profit and commercial organizations with EU funds for educational, vocational and training purposes with particular specialization of the Erasmus Plus Programme.

As for transnational mobility we are specialised in Outgoing and Incoming European Mobility Projects and all the related services. We send and host students, school staff, trainees and apprentices coming from all over Europe for internships from 2 weeks up to 6 months. Mobility projects are comprised of organizations and schools from diverse and thriving sectors, such as: tourism, hospitality, agribusiness, textile and clothing, marketing and communication, ICT, mechanics and robotics, automotive and aerospace, green economy and social innovation.

We arrange professional training courses for young people and adults looking to acquire new abilities and competencies to improve their integration in the labour market; our expert mentors will help you and guide you through the process. Our unique feature is the employment of a non-formal education system (NFE) which is characterized by intense cultural exchanges and creative activities with the main purpose of helping the participants to be successfully integrated in the country and city of destination.









## MAIN ACTIVITIES

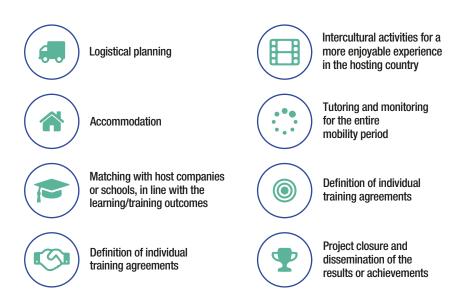
MOTUM EUROPEAN PROJECTS S.L. has been working for many years in the learning/training sector; professional orientation; personal research and selection; internships; needs analysis; skills assessments as well as supply and demand matching. MOTUM is involved in both Outgoing and Incoming mobility projects in Spain.

For the Outgoing Mobility projects, we help organizations and schools to participate in fully funded exchange programmes for education and training purposes.

For the Incoming Mobility Projects from other European countries, MOTUM as the host organization, receives the trainees for the placement activities, strictly adhering to the principles laid down by the European Quality Charter for Mobility and supports public and private bodies in activities related to:



Once the projects are approved, we support organisations and schools in matters regarding to:



# Our partners

For us everything revolves around you, so we make sure to select the best accommodations for your stay in Valencia. You can build your own unique experience by choosing among our high – standard, comfortable and qualified accommodations suitable to satisfy every need.











Among the hundreds of accommodations of our network, we have selected the loveliest places to host you during your internship experience in the best city of all. Feel the city's spirit and join us in this adventure. Choose among our wide range of apartments!

We work with the best providers in the city and private landlords, who will host you in high-quality standard flats: Spot a Home | Apartamentos Rotaret | Miresa Flats

Erasmus + long-term VET participants will be accommodated in double, triple and quadruple rooms. The accommodations are equipped with all the comforts:









## Miresa Flats Calle Espinosa, 18 - 46008 Valencia











Miresa flats is situated in the Extramurs district of Valencia, 1.2 km from Valencia Central Market, 1.6 km from Basilica of the Virgin of the Homeless, as well as 1.7 km from Saint Nicholas Church. The property is 3 km from Turia Garden and 4.2 km from the Bioparc Valencia. On the first and on the second floor of the building there are 2 apartments that can accommodate 4 people each one. Each apartment has a bathroom and a fully equipped kitchen. On the third and fourth floor there are other 4 apartments with 2 rooms for a total of 6-7 people each one, shared areas (living room+kitchen), an equipped bathroom and a toilet in each apartment.

In each room there are either single clothes racks or storage closets. Coin-operated washing machines and dryer.

## Miresa Flats Calle Espinosa, 18 - 46008 Valencia













This beautiful apartment located in the Extramurs district can accomodate 4 people. Each apartment has a bathroom and fully equipped kitchen. Moreover, Miresa Flats has lovely shared aereas such as living room and kitchen. Moreover, you will find coin-operated washing machines and dryer. All the apartments are equipped with Wi-Fi.

## Apartamentos Rotaret C/ Convent de Santa Clara 6 - 46002 València











Apartamentos Rotaret offers lovely apartments with double, twin, triple or single rooms. They have a small living rooms with sofas and a fully equipped kitchen. All the apartments are equipped with Wi-Fi. Moreover, in the building you will finde coin-operated washing machines and dryer.



## Apartamentos Rotaret C/ Convent de Santa Clara 6 - 46002 València











Located on the fourth floor of a building, the apartment has 2 single rooms (one of which can be adaptable to a double room), 1 twin room, 2 triple rooms, 1 quadruple room and two bathrooms. It has a small living room with sofas and a fully equipped kitchen. Located on the sixth floor of the same building there is another six-bedrooms apartment (3 single rooms one of which can be adaptable to a double room, 2 triple rooms, 1 quadruple room) with 2 bathrooms and a fully equipped kitchen. It also have a small living room with sofas.

Both the apartments have free Wi-Fi and each room is equipped with built-in closets and/or clothes racks. Coin-operated washing machines and dryer.

Both the apartments have free Wi-Fi and each room is equipped with built-in closets and/or clothes racks. Coin-operated washing machines and dryer.

Erasmus+ short-term VET and PON participants will be accommodated in double rooms.

The accommodations are equipped with all the comforts:

- Free WiFi
- Heating
- Full equipped kitchen
- Ocin-operated washing machine and dryer
- Towels (changed twice a week) and linen (changed once a week)
- Room cleaning (once a week) and bathroom cleaning (twice a week);

## Te Gusta Valencia Calle Sueca 65 - 46006 València











All rooms and apartments have been recently renovated. It is ideally located in the center of Valencia, so you can stroll past many of the city's main attractions, such as the Plaza de Ayuntamiento, which takes center stage during the famous Fallas festival. The huge Central Market is also nearby and is a great place for local products such as sweet nougat. There is a beautiful park across the street by the public library and the MuVIM museum.

You will find common spaces in the 120 m<sup>2</sup> apartment with access to the balcony and a spacious bathroom. The kitchen has been recently renovated and is well equipped with modern appliances, including 2 refrigerators, an oven, and a 4-burner stove.



## Te Gusta Valencia Carrer Joan Baptista Llovera 3 - 46006 València









This is a charming 5-bedroom apartment with 2 bathrooms. It's very modern, not far from the beach and the quarter of Cabanyal, famous for its unique architecture and charming atmosphere, a great place to get a taste of local life.

## Te Gusta Valencia Carrer de Mestre Palau 4 - 46006 València











This is a beautiful 7-bedrooms apartment with 2-bathrooms, located on Carrer Maestro Palau, in the Extramurs neighborhood, just 7 minutes from the Central Market of Valencia. The apartment is fully furnished, with a large kitchen with a terrace and two shared bathrooms. Each room is furnished with plenty of storage space, as well as all the necessary furniture for a comfortable stay in Valencia. The 130 m2 apartment is well connected to the rest of the city with a metro station and many bus stations in the surrounding area

## SHORT-TERM VET ACCOMMODATIONS



## Colegio Mayor Ausias March Av. de Catalunya, 30 - 46021 València









Colegio Mayor Ausias March is one of most welcoming university residences in Valencia. Apartments with 4 or 5 twin rooms, shared bathrooms and fully- equipped kitchen. Rooms with desks and built-in closets. Shared areas: coffee bars, gyms, library and meeting room.

**SERVICES** 

Accommodation with full board

Breakfast: Coffee/Tea, milk, orange juice, varied fruit, bakery/pastries, bread, cereals, cold cut); Lunch and dinner: varied buffet (salads, paella, meat, fish, etc).



# HOTELS AND STAFF **ACCOMMODATION**

## 7 moons B&B Avinguda de Navarro Reverter, 13, pta 1 - 46004 València









7 Moons B&B is located in the Eixample district, near the historic centre and the main shopping area of Valencia. It offers 6 bright and spacious rooms and free Wi-Fi and breakfast included. Rooms at 7 Moons feature modern and elegant furnishings and a flat-screen TV. The property has a common area with tea and coffee making facilities and laundry service with a fee. Single or twin rooms, private and shared bathrooms.

**COMFORTS** 

Water, coffee and infusions are available 24 hours a day

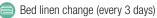


WiFi connection



Plasma TV





Cleaning (once a day)

**BREAKFAST INCLUDED** 

Continental breakfast (coffee/tea, milk, orange juice, bakery/pastries, bread, cold cut).

## Apartamentos Plaza Picasso Carrer de Góngora, 6 - 46035 València











The Apartments Plaza Picasso are located in Campanar district, a quiet zone of the city, well connected with all the touristic hotspots of Valencia. With a modern and careful design, these fully- equipped apartments ensure a nice and comfortable stay in Valencia.

Apartments for 2 or 3 people with single beds, a bathroom and common areas with kitchen, tables and sofas.

**COMFORTS** 

Air conditioning

Living room with large windows and view on Plaza Picasso





Telephone

Outdoor terrace

Bed linen change (every 3 days)

Cleaning (once a week)

**BREAKFAST INCLUDED** 

Continental breakfast (coffee/tea, milk, orange juice, bakery/pastries, bread, cold cut).



# HOTELS AND STAFF ACCOMMODATIONS

## DormaValencia Avinguda Regne de Valencia, 88 - 46006 València











Hostels DormaValencia was born in 2009 from the need to create quality urban accommodation. DormaValencia has a simple and elegant design and its rooms include plenty of light, air conditioning and a well-equipped bathroom. Twin rooms.

**COMFORTS** 

Water, coffee and infusions are available 24 hours a day Air conditioning



Plasma TV



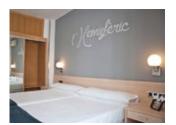


WiFI Connection (In Cleaning (once a day)

## Jero Rooms Carrer del Convent de Santa Clara, 3 - 46002 València











Hostal Jero is located in the center of Valencia, between the bullring and the town hall square. The property offers spacious rooms with a flat-screen TV and free WiFi. The rooms are decorated in pastel tones and feature a private bathroom and air conditioning. Some rooms have a balcony overlooking the pedestrian street.

**COMFORTS** 

Water, coffee and infusions are available 24 hours a day
Air conditioning





Plasma TV











You can choose from a wide range of restaurants for your stay. We have at our heart your level of satisfaction and that is why we have kept in mind your tastes. Enjoy your meal in one of our selected restaurants. We have some suggestions for you directly from the chefs.

## Restaurante Garden Vintage Calle Valle de La Ballestera 43 - 46015 València

Very large and cozy restaurant, the menu is very wide and the beers varied.

It serves mediterranean food that you can taste in the small garden behind the terrace.

#### **EXAMPLE MENU**

- Varied sandwiches with pork tenderloin/ breast or tortilla
- Vegetarian sandwich, chicken sandwich or mixed sandwich
- Salads
- Drink
- · Coffee or dessert

#### **Bocadella Tapas Da Mario**

Carrer De L'escultor Alfons Gabino, 19 - 46022 València



A place not to be missed if you go to Valencia. All dishes are homemade and prepared with fresh ingredients, a mix between Italian and Spanish culture. Wide choice of drinks and great sangria. What makes it special is the beautiful atmosphere that makes you feel at home!

#### **EXAMPLE MENU**

- 1 starter to choose from:
- Salads, Cold cut, Nachos, Chicken, smoked sausages, Hummus, bravas potatoes, eggplants, meat balls and etc.
- 1 principal to choose from:
- Daily especial (lasagna, salmon, beef, etc)
- Sandwich or piadina
- 1 drink, bread and coffee

## Maria Mandiles Plaza Manises, 2 - 46003 València



María Mandiles is a homemade restaurant that carefully takes care of every detail of its products. In María Mandiles you will find authentic Valencian gastronomy, the traditional one, that of a lifetime.

- 1 starter to choose from:
- leek cream quesadilla with bacon
- russian salad
- mille-feuille with caramelized goat cheese
- 1 principal to choose from:
- beef loin carved with potatoes
- chicken strip fajitas with vegetables and sauces
- paella valenciana
- 1 dessert to choose from:
- tiramisu
- blueberry cheesecake

1 dessert or coffee

- chocolate cake
- 1 drink and coffee

## Pipol Restaurant Carrer De Ribera, 15 - 46002 València



Located in a very lively place from where you can admire the plaza de toros. Its speciality are rice and grilled meat.

- 1 starter to choose from:
- Russian salad
- Spicy sausages
- Steamed mussels Pork skewer
- Grilled mushrooms Croquettes
- Fried pepper

- 1 principal to choose from:
- Tropical salad

**EXAMPLE MENU** 

- Grilled octopus
- Valencian salad - Confit code
- Valencian paella - Beef chop
- Black rice with squid Roast leg of lamb
- Seafood paella - Duck breast

#### Panaria Ciscar Carrer de Ciscar, 45, 46005, Valencia, Spagna



New concept of cafeteria that offers you a cozy atmosphere, exquisite treatment by its staff and large terrace in the center of Valencia.



#### **EXAMPLE MENU**

- · Croissant or Bread with tomatoes, jam, butter
- Tea/coffee
- Optional with Orange Juice



# OUR PARTNERS IN YOUR EDUCATION

Education is the passport for the future for tomorrow belongs to those who prepare for it today!

MALCOLM X

Continuous learning is the process of learning new skills and knowledge on an on-going basis. That is why we offer very specialized and tailor - made structured courses suitable for your professional growth. Here you find a brief preview of the lesson plans created by our partners.

## Academia Taronja School Calle del Convento Santa Clara 10 - 46002 València



In September 2006 the Academia Taronja School was recognized as an accredited center by the "Cervantes Institute". It is perfectly located in in the city center, in the historic part of Valencia, just a step away from all the tourist attractions and interesting services. It offers a wide range of Spanish courses taught by a team of professional teachers: General Spanish, Spanish for business, exam preparation. TARONJA offers a wide variety of courses. All the programs are carefully designed, and pass intensive quality controls.

09:00 to 10:40 Intensive Course (T1 Pass)

10:40 to 11:00 Break

11:00 to 12:40 Intensive Course (T1 Pass)

12:45 to 13:35 Private lessons

Afternoon (flexible schedule) Activities

Salsa, Spanish guitar, Art, SPORTS, paella course

# Academia La Pagoda C/Micer Mascó, 2 - 46010 Valéncia



Academia La Pagoda is a private study centre offering a wide range of services directly related to education and training.

Among its training offer, the treatment of language teaching stands out. One of the school's priorities is Spanish Language Teaching and its culture. To do this, the management of the center took the decision to train a specific department that has a team of professionals dedicated exclusively to meet the needs and demands of its foreign students.

#### PROGRAM AND SCHEDULES

UNIT 1 - Greetings, Alphabet, Numerals, Spelling Signs, Grammar

UNIT 2 - The First Day of School, Classroom Objects, Grammar

UNIT 3 - Days of the week, Hours, Grammar

UNIT 4 - Family, Relatives, Grammar

UNIT 5 - The Human Body, disease, Grammar

UNIT 6 - The house, the food, Grammar

UNIT 7 - Clothes, Colors, Weather, Grammar

UNIT 8 - Job, Professions, Grammar

UNIT 9 - Verb tenses: Present indicative of the most frequent regular and irregular verbs. Use of the present as an imperative. More frequent reflexive verbs (call, dedicate...)

UNIT 10 - Introduction of Infinitive Verbal
Periphrasis: Having to, Going to,
Wanting, Being Able, Needing... and
Other Verbal Tenses

# Dapen Centro De Estudios Carrer de Sant Vicent Màrtir, 83 - 46007 València



Computer courses with an open classroom are the best option to you to learn to master the different programs and the different tools that computers offer you today. You will have a teacher who will guide you in a personal and particular way. He will teach you the theory and guide you in the practical part. Here you can find an example of the Courses held by Dapen:



# **OUR PUBLIC SCHOOLS**

The core of the Erasmus+ staff projects is that you are able to learn from foreign cultures and teachers. Job shadowing is a useful way to learn new and innovative methods of teaching through a continuous comparison your foreign colleagues. These are the schools which are enthusiastic to have you there by their sides.

## **Fundación Institutional Cultural Domus**





#### **ADDRESS**

Carrer Rocafort, 2, 46110 Godella, Valencia

#### **CURRICULUM**

Sciences, Humanities and Social Sciences, Languages

#### WEBSITE

http://www.fundaciondomus.org/

## Centro De Formación Altaviana





#### ADDRESS

Carrer del Cronista Almela i Vives, 5, 46010 València

#### **CURRICULUM**

Cuisine Courses, Hospitality and Languages

#### WEBSITE

https://www.altaviana.com/

#### **CIPFP Ciutat De L'aprenent**





#### **ADDRESS**

Carrer de la Ciutat de l'Aprenent, 4, 46017 València

#### **CURRICULUM**

Food industries, Graphic Arts, Electricity and Electronics, Mechanics, Health Service, Textile

#### **WEBSITE**

http://cifpciudaddelaprendiz.edu.gva.es/

## Colegio Campanar





## **ADDRESS**

Carrer de Rascanya, 1, 46015 València

#### CURRICULUM

Sciences and Technology

#### WEBSITE

https://mestreacasa.gva.es/web/4601518600



# **OUR PUBLIC SCHOOLS**



#### **IES El Grao**



#### **ADDRESS**

Carrer d'Escalante, 9, 46011 València

#### **CURRICULUM**

Administration and Management, Computers

#### **WEBSITE**

https://mestreacasa.gva.es/web/ieselgrao

## **Mediterraneo Culinary Center**





#### **ADDRESS**

Av. del Cid, 56, 58, 46018

#### **CURRICULUM**

Cuisine, Gastronomy and Dietetics

#### **WEBSITE**

https://www.mediterraneoculinary.com/

## Colegio Sedavì





#### **ADDRESS**

C/ Isaac Peral 40, 46910 Sedaví (Valencia)

#### **CURRICULUM**

Administration and management

#### WEBSITE

http://www.colegiosedavi.es/

## **IES Cid Campeador**





#### **ADDRESS**

Carrer de Guillem Despuig, 8, 46018 València

#### **CURRICULUM**

Administration and management

#### WERSITE

https://mestreacasa.gva.es/web/iescid

## **IES José Ballester Gozalvo**





#### **ADDRESS**

Carrer d'Alemany, 46019 València

#### CURRICULUM

Trade and Marketing, Arts, Sciences and Humanities

#### WEBSITE

https://mestreacasa.gva.es/web/iesjbg



## **OUR COMPANIES**

We can count on a wide range of companies providing internships lasting from 2 to 6 months in different sectors, such as: Tourism, Hospitality, Food and wine sector, Agri - business, IT, Mechanics, Electronics, Chemistry, Administration Finance and Marketing, Fashion, Health and care sector, Associations and so on. Our team of experts will find the most suitable traineeship for you in line with your professional profile. MOTUM has more than 500 associated companies which are ready to host you for the best work experience you can have in Valencia.







APP\_

## **APP PATRAIXI**

**ICT - ELECTRONICS** www.appinformatica.com Le Shop.

## Le Shop Informatica

**ICT - ELECTRONICS** https://leshop.es/

#### **Apotheke**

ENTERTAINMENT www.apothekevlc.com

## La Moma Restaurante La Moma

**ENTERTAINMENT** www.lamoma.com

♠ TARONJA

#### Taronja School

**ADMINISTRATION** AND MARKETING

www.spanishcoursespain-valencia.com

DDL BOUTIQUE

**Dulce De Leche Boutique** San Vicente

**PASTRY** www.ddlboutique.com



#### **Jardin Botanico Boutique**

HOSPITALITY www.jardinbotanicoboutique.com



#### **Nautica Deluxe**

**NAUTICAL** https://nauticadeluxe.com



# Zara

**FASHION** www.zara.com







As soon as you land in Valencia, we will be there to pick you up! Our tutor will welcome you at the airport and will accompany you to your chosen accommodation thanks to our very reliable range of transfer companies, both private and public:



Vialco S.L.



**Taxival** 



**Transfers Valencia** 





# **CULTURAL ROUTES**

Once in Valencia, you cannot miss the beauty of the city and its culture.

Discover Valencia's most important landmarks and get your camera at the ready!

We selected for you the best routes and attractions from seeing Valencia histórica, its monuments and plazas of casco antiguo, the famous Street Art of El Barrio Del Carmen, the Ciudad de Las Artes y Las Ciencias, to strolling by the river of Parque del río Turia.

We will make your experience unforgettable!

## **Plazas Of Casco Antiguo**



Valencians love to be outside and, as the workday ends, will explode from their offices and flow down the sidewalks like lava, before coming to rest in one of the city's many plazas. There are hundreds of plazas in Valencia, but here are some of the historic center's most well-known.

#### El Barrio Del Carmen



Barrio del Carmen is one of the historic districts of Valencia's old town, with a millennial history behind it. Today barrio del Carmen is best known for its intense nightlife that makes it the favorite place for young people in Valencia. Filled with bars, tapas, restaurants, and various locales, it's animated day and night by a nonstop drive of tourists and college students looking for fun. By day the Barrio is the place of alternative shopping, although there are many big brands that have found space in the neighborhood. This is the last transformation of this neighborhood that over the centuries has been a refuge for Arabs, barracks, a place of prostitution, a neighborhood of the Arab aristocracy in the Middle Ages, working-class district in 1900 until the current transformation into a place of fun in Valencia.

## Ciudad de Las Artes y Las Ciencias



Ciudad de las Artes y las Ciencias is located on the old Turia river, just minutes from the old town. It is the only attraction of its kind to be located in an urban core, a recreational space where culture is art. An important stimulus for Valencia's urban tourism, which ranks among the cities with one of the most modern cultural infrastructures. A centre that brings us closer to a future that is already present. The City of Arts and Science bases its activity on three main areas: art, science and nature, three pillars of human knowledge at the service of all citizens.

#### Parque del río Turia



The Turia Natural Park shows a vigorous and varied landscape with a remarkable diversity of habitats and species of fauna and flora. The area is home to important elements of historical and geological heritage, as well as ancient Bronze Age sites.

The Turia-Guadalaviar River and its riverbank, of great ecological interest, the Mediterranean forests of pine and scrub and the Valencian orchard of medieval origin are representative environments of this natural area.



# MONITORING AND TUTORING



We will be your second home as soon as you arrive in the city, to work, to learn and to enjoy your time here! During the whole period of your mobility abroad, we will support you and provide you with all the services you need for accommodation, language and structured courses, internship research and tutoring and monitoring. You can count on your tutors who will be ready to help you in any occasion from the very beginning, by welcoming you at the airport, introducing you to your hosting company or school and taking you to explore the city. Our team of dedicated and passionate experts will select the most competitive companies and most suitable educational offer for you. We are strongly committed to provide high quality standard and flexible solutions satisfying your needs by exceeding all of your expectations to make you feel at home! Hurry up we are already waiting for you in Valencia!

